



# INTERI<sup>®</sup> SYSTEM

## PATIENT GUIDE

### What does Interi do?

Your surgeon uses the Interi System to help avoid complications caused by poor internal healing – and to make your after-surgery care as simple as possible. Interi is designed to control your wound on the inside by decreasing space between internal tissue and actively removing fluid from the body.

### How does Interi work?

During surgery, your doctor places a thin, flexible tube in the area of your body where your surgery took place. The tube exits through the skin. The tube is connected to a Therapy Unit which provides gentle consistent suction to the spaces inside, and it collects fluids that can cause poor healing.

### What do I need to do at home?

You need to take an active role in the management of your recovery – and Interi makes it easy. There are a few important steps you must do at home during your healing process. Read this Patient Guide and use it as a reference at home.



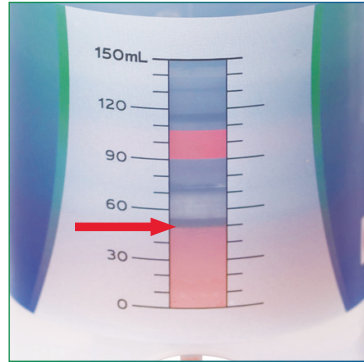
**Contact your doctor or nurse if you have any questions using Interi at home.**



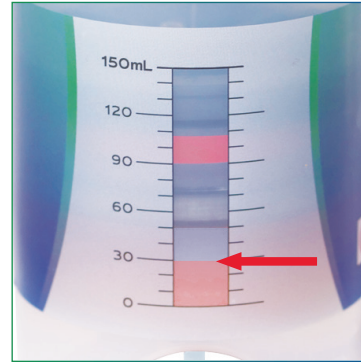
# MONITOR INTERI EVERY FOUR HOURS (WHILE YOU ARE AWAKE)

1. CHECK for fluid flow: READ and RECORD the fluid level. COMPARE it to the last number recorded.

---



Fluid level is 50 mL



Fluid level is 30 mL - some air is present in Therapy Unit

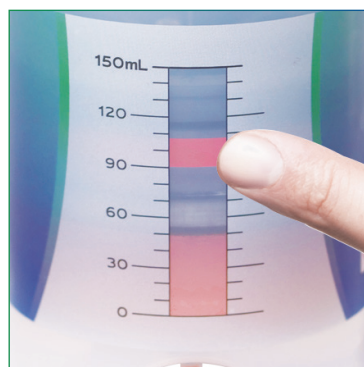
## IMPORTANT:

Is the fluid level higher than the last time you checked?  
If yes, then you know that fluid is flowing into the Therapy Unit.

IF FLUID LEVEL IS NOT INCREASING: SEE STEPS ON PAGE 4

2. LOCATE the Red Stripe on your Therapy Unit to see if it is finished.

---



NOT Finished



Finished

## IMPORTANT:

Is the Red Stripe in the Circular Band at the top of the Therapy Unit?  
If not, you can put it back in the carrying case until the next check.

IF THE RED STRIPE IS IN THE CIRCULAR BAND, IT IS FINISHED AND SHOULD BE CHANGED IMMEDIATELY.



### 3. CHANGE the Therapy Unit when it is finished.

---

- A. Wash your hands thoroughly.
- B. Take a new Therapy Unit out of the box.
- C. Remove the used Therapy Unit by pressing the gray connector button.



- D. Hold the connector upright as shown.
- E. Attach the new Therapy Unit by pushing the Connector onto the Stem until you hear a click.
- F. Gently pull on the tubing to make sure the connection is secure.



- G. PRESS THE START BUTTON to activate the Therapy Unit. You should hear a click.



- H. Secure the Therapy Unit in the Carry Case.

#### **IMPORTANT:**




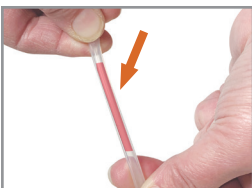
At bedtime, if the Red Stripe is near the top of the fluid window, change the Therapy Unit to a new one.

Scan the QR Code to see the Interi System in Action:



Interi System User Video

IF YOU ARE CONCERNED THAT FLUID IS NOT FLOWING, CHECK THE FOLLOWING 4 THINGS:

	IF ...	THEN ...
1	 <p>Tubing is kinked or pinched ...</p>	<p><b>Straighten the tubing.</b></p>
2	 <p>The Start Button is not pushed ...</p>	<p><b>Push the Start Button.</b></p>
3	 <p>Therapy Unit is finished ...</p>	<p><b>Change to a new Therapy Unit, see page 3.</b></p>
4	 <p>If all else fails, there may be a clot blocking the flow ...</p>	<p><b>Clear the clot, see page 5.</b></p>

Wait 1 hour and recheck to make sure fluid is flowing. The fluid may flow slowly but you should see the fluid level increasing in the Fluid Window.

**If you are still concerned, contact your doctor.**

### What to expect about fluid flow?

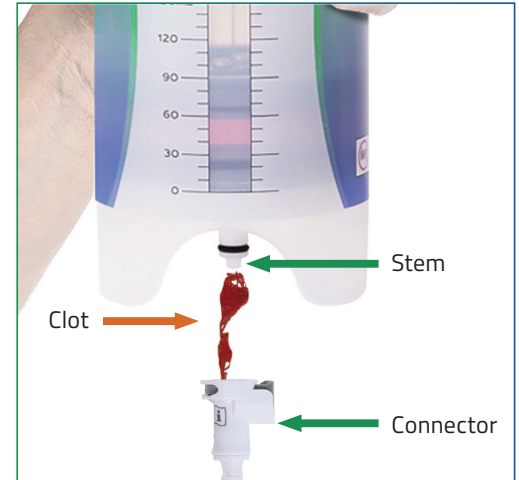
The first few days after surgery, the fluid will be bloody. It may change colors from red to pink to a light yellow or clear and the amount of fluid will decrease over time. Your doctor will tell you when you no longer need Interi and when the tubing will be removed.



## CLEARING A CLOT

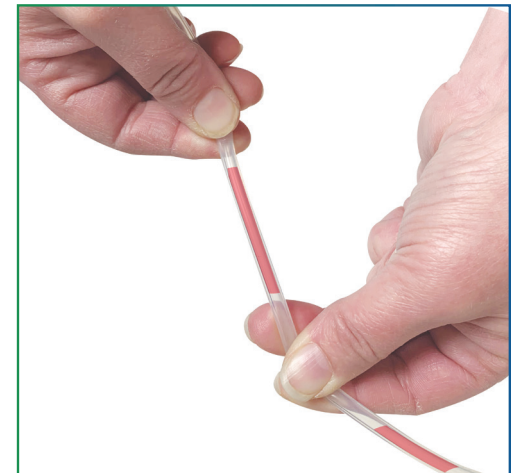
### 1. Check the Connector and Stem for a clot

- A. Wash your hands thoroughly.
- B. Disconnect Therapy Unit from the Connector. Do not push on the Stem.
- C. Hold the Connector upright as shown.
- D. Carefully wipe away any clots from both the Stem on the Therapy Unit and the Connector on the tubing.
- E. Re-connect the Therapy Unit.
- F. Check for fluid flow and repeat if necessary.



### 2. If there is a visible clot in the tubing, strip the tubing

- A. Before stripping the tubing, make sure a Therapy Unit is attached and it is not finished. If it is finished, change it.
- B. Use one hand to hold and pinch the tubing where it leaves your body. Take care not to pull on the tubing at the exit site.
- C. With the thumb and first finger of your other hand, pinch the tubing just below where you're holding it.
- D. Slowly and firmly pinch and slide your thumb and first finger away from your body down the tubing. An alcohol wipe may be used to assist with this "stripping" motion.
- E. Continue down the tubing to move the clot towards the Therapy Unit.



Stripping the tubing

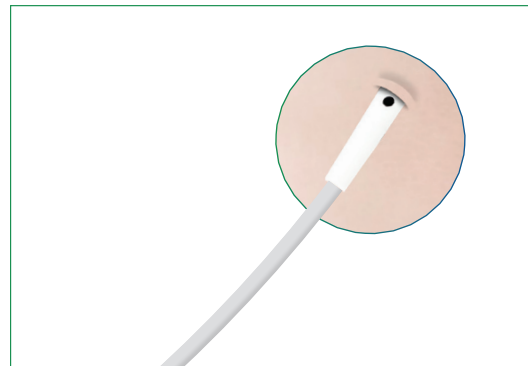
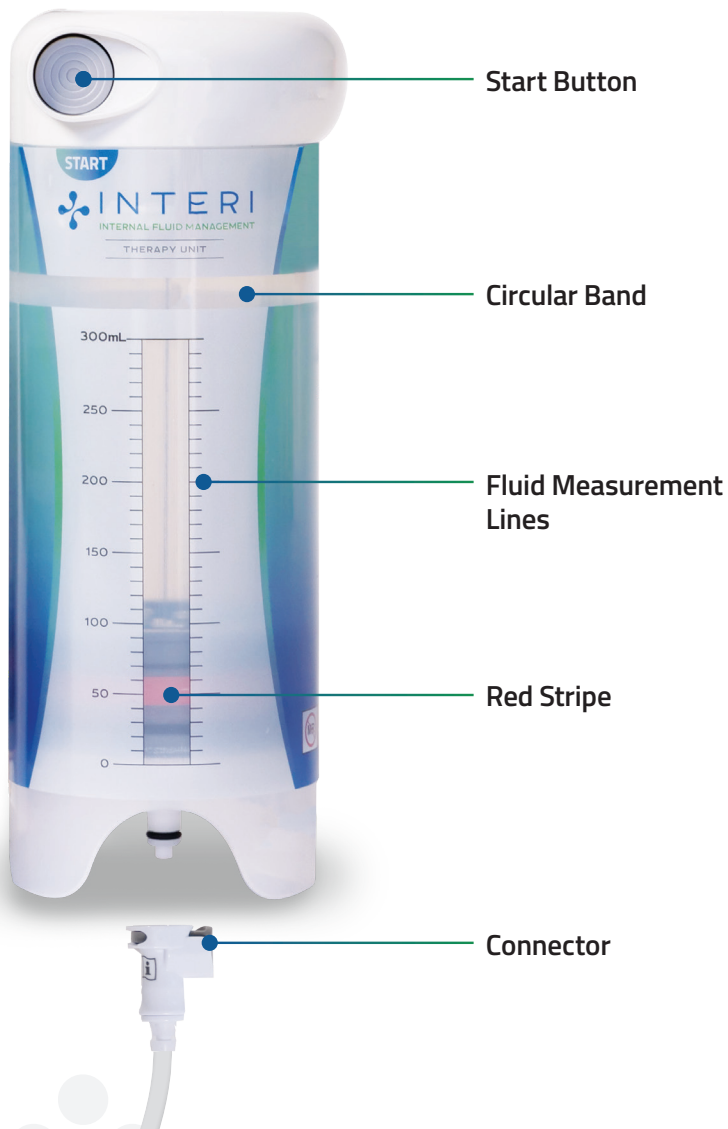
If the steps above do not result in fluid flow, it is possible a clot remains in the Therapy Unit. Change to a new Therapy Unit.

Scan the  
QR code for  
video on  
Managing Clots:



Interi System  
Managing  
Clots Video

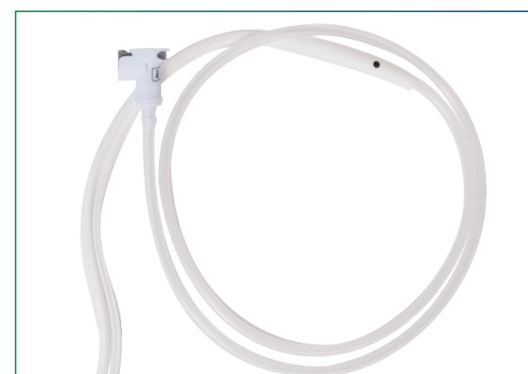
## Therapy Unit



**Exit Site**  
Where the tubing exits the skin.



**Carrying Case**  
Pouch to place your Therapy Unit and wear it like a purse or fanny pack.



**Interi Manifold**  
Tubing that is placed in your body that allows for gentle suction pressure to be delivered throughout the internal space and fluid to be removed.





You may not get a rush of blood or fluid when you start the Therapy Unit and the flow may vary.



Never pull on the tubing or the exit site.



Check your exit site and notify your doctor if the exit site appears inflamed/red or is leaking fluid.



Always keep your Therapy Unit in the Carrying Case. This will reduce pulling at your exit site.






Never push the Stem at the bottom of the Therapy Unit.



If Connector does not click into place, apply your thumbnail to gray horizontal line to pop the gray button back into position.

## WARNING, CAUTIONS, AND IMPORTANT INFORMATION

- Do not use Therapy Unit if the tamper resistant seal has been broken or there is any suspected damage.
- Do not connect any other negative pressure or suction device to the tubing other than the Therapy Unit.
- System tubing is a strangulation hazard. Keep out of reach of small children.
- Keep the exit site protected from contamination or injury. Follow instruction provided by your doctor for cleaning the exit site. Notify your doctor if the exit site appears inflamed/red or is leaking fluid.
- Do not expose the tubing and Therapy Unit to temperatures below 68°F/20°C or above 86°F/30°C.
-  The Manifold and Manifold Connector are MR Safe and are safe for MRI Scanner room.
-  The Therapy Unit is MR Unsafe. Disconnect the Therapy Unit and leave it outside of MRI Scanner room as it could present a projectile hazard.
- If body fluid drips from the system, clean it up as directed by your health care provider.
- The Therapy Unit is for single use only. 
- Once activated the Therapy Unit cannot be emptied or reset.
- If the Manifold Connector is temporarily disconnected from the Therapy Unit, it will hold suction until the Manifold Connector is re-connected.
- The system components are supplied ready to be used. Do not attempt to sterilize any of the components.
- To clean any part of the system:
  - Wash your hands with soap and water.
  - Clean the Therapy Unit and Manifold tubing with one of the following solutions: Isopropyl Alcohol, 70% OR 1-1/2 tsp of dishwashing liquid in 16 ounces (2 cups) of water
  - Do not use other chemicals, solutions, or methods as this could cause damage or contamination of the system.
- Dispose of the used Therapy Unit as instructed by your doctor.
- If you have any unresolved concerns call your doctor.

# INTERI® SYSTEM FLUID JOURNAL for \_\_\_\_\_

DATE	Therapy Unit #	Therapy Unit Size	Time Point	Record Fluid Level (Top of fluid)	Amount of INCREASE since last check	Decision to change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	
DATE	Unit #	Unit Size	Time Point	Record Fluid Level	Increase since last check	Change unit?
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Morning			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Mid-day			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Evening			NO <input type="checkbox"/> YES <input type="checkbox"/>
		<input type="checkbox"/> 150 <input type="checkbox"/> 300 <input type="checkbox"/> 500	Bedtime			NO <input type="checkbox"/> YES <input type="checkbox"/>
TOTAL output for this date:					mL	

For more resources:  
[www.icsurgical.com/resources/education-materials](http://www.icsurgical.com/resources/education-materials)



**IC SURGICAL**  
 ADVANCING SURGICAL OUTCOMES



Manufactured for:  
 IC Surgical, Inc. | 2155 East Paris Suite 115, Grand Rapids, MI 49546 USA  
[www.icsurgical.com](http://www.icsurgical.com) | Questions: 1-833-615-1143

IFU 1001 REV 4